# Information about SHL House Training centre

Training centre SHL House provides accommodation and stay for the young people between 14 and 30 years of age. It is particularly suitable for organising seminars, trainings, workshops, and other types of non-formal education for the youth.

SHL House opened in 1999 in Sarajevo, the area of Stup, was built by German high school students with the intention to provide a neutral place for young people from Bosnia and Herzegovina and abroad to socialise and organise workshops, regardless of their ethnic, religious and any other affiliation.

All revenues collected from the training centre SHL House are used to fund youth projects of the Schüler Helfen Leben Foundation in Bosnia and Herzegovina.

# The offer of SHL House Training centre

Training

centre SHL House

## Seminar rooms

Superbly equipped training centre offers two seminar rooms with total area of 90 m<sup>2</sup> where groups of up to 30 people can work. To maintain the quality of seminars we have provided a range of educational supplies and modern equipment such as overhead projector, LCD TV, high-definition camera, laptop, flipchart, boards, panels, etc...

## Accommodation

SHL House offers 5 comfortable rooms with 4 - 7 beds and two separate single rooms and a double room suitable for seminar trainers – total capacity of 29 beds. In addition to accommodation facilities, our kitchen is also at your disposal for self-catering. Breakfast is included in the price. In order to maintain a family and informal atmosphere, meals are offered on a self-service principle. SHL House also offers the possibility of external catering for lunch and breakfast.

#### Leisure time

In order to ensure a pleasant stay, at your disposal in *SHL House* there is a living room where you can relax, watch TV, play different social games, or simply hang out and play a guitar. There is also our garden which provides the possibility for outdoor workshops, relaxation and socializing, barbeque and sports activities.

We offer
Flexible check in – check out as agreed
Two multifunctional seminar rooms equipped with AC
Free WIFI
Audio-visual equipment
Spacious garden
A safe for valuables
Towels and bed linen
24 hours hot water
Hairdryers
Self-catering kitchen
External catering (lunch and dinner)
29 beds

- Living room and numerous social games
- Young and friendly staff
- ✓ Support in organising seminars, workshops, etc.

# **SHL House Contact:**

Availability of the SHL House facilities and other services can be checked by contacting us in the following way:

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Facebook: https://www.facebook.com/SHLhouse We look forward to host you!

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Training

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# The advantages of Training centre SHL House

## Self-catering kitchen

If your organization puts a focus on sustainability, ecology or on team building, SHL House offers you a unique opportunity to prepare meals for yourself. While residing in hostel or hotel you often do not get the possibility to actively choose from where the groceries come, in SHL House you have that freedom (if you want to have organic food, for example). Through joint cooking, your group can develop a new level of cohesion or it could also make it cheaper to cook as a group and make young people more aware of how much you can cook with very little effort and for very small money.

If a group has vegetarians, it could also be a relief for them if they do not have to eat the same vegetarian dish every day, but being able to show how easy it is to cook vegetarian and that it is by far not one-sided. The same would be with vegans or for people with allergies.

The self-serving kitchen offers a very individual approach to get to know more about topics regarding food, sustainability and group dynamics.

## Languages within the team

In the team of SHL Sarajevo, we do have a collection of languages spoken by team members. As a support for foreign groups, we can offer communication in German and English, as well as communication in local languages in Bosnia and Herzegovina. All the information about the SHL House is available in three languages.

### Seminar materials

If the seminar room is booked with accommodation in SHL House, we provide seminar materials for groups having workshop at our place. The SHL House is equipped with the technical equipment, such as a projector, laptops and a camera, as well as with papers, flipcharts, markers and everything else that is necessary for seminars. This does not only relieve the logistics for the seminar, but is also more sustainable.

#### The location

Being far away from the city centre is an advantage for learning process on workshop or seminar. Supervisors can be sure that underage participants will not end up in some bar, simply because there is none really close to the SHL House. Groups can really focus on themselves and the learning process while they are at SHL House. While going to the city centre one can see nearly every part of the city. This can be particularly useful for seminars involving participants from other parts of the country or from abroad.

Nevertheless, SHL House is easily reachable from the main bus station in Sarajevo and from the bus station in East Sarajevo as well.

## Freedom and independence

Unlike in a hotel or hostel at SHL House you can decide how long the group will be allowed to stay in common areas such as the living room, but also you can decide where you spend the breaks during the seminar. The common areas offer the possibility to spend time with the whole group and, at the same time, it separates the seminar work from free time and through the spatial separation. In most of the cases, there are no other guests that could be disturbed and no other guest to disturb you. In case of more than one group in the SHL House, they can meet each other and exchange between them from which everyone can benefit.

Training

House